

# big E classifieds

Call in your ad at  
**874-2259**

Deadline: Monday @ 5 p.m.  
Prepayment required.  
Visa / MasterCard accepted.



## MEETINGS

**Clarendon Lodge #700 AF&M**  
Stated meeting: Second Mondays, 7:30 p.m. Refreshments at 6:30 p.m. Practice: Fourth Mondays, 7 p.m. Chris Wilson - W.M., Russell Estlack - Secretary, 2 B I, ASK I

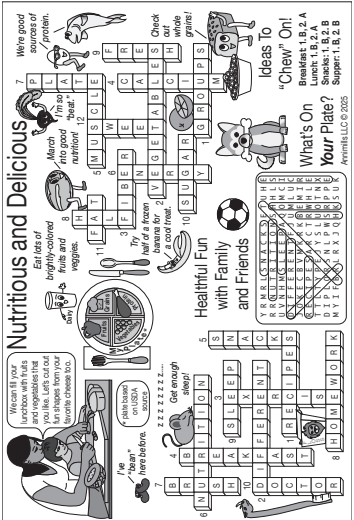
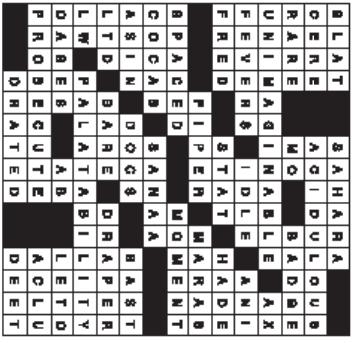
**Clarendon Lions Club** Regular meeting each Tuesday at noon. David Dockery, Boss Lion. Roger Estlack, Secretary

**Clarendon Alcoholics Anonymous Group** 806-661-1015, 806-671-9766, 806-205-1840, 24 hour hotline 877-421-4334. Mon. & Sat. 7 p.m. 416 S Kearney St.

**Clarendon Chamber of Commerce** Regular Board of Directors meeting third Tuesday each month at 6:00 p.m. at the Clarendon Visitor Center.

**FACILITIES AVAILABLE** - Family Reunions, Receptions, Business Meetings, Club Functions, and more. Clarendon Lions Hall, 111 W. Fourth. Call 874-2259 for rental information.

## PUZZLE SOLUTION



## HELP WANTED

**BEST WESTERN PLUS RED RIVER INN** in Clarendon, TX is taking applications for a Housekeeping Attendant. The ideal candidate will be dependable and have a positive attitude. Starting pay is \$12 per hour. Raises (up to \$15 per hour) will be based on performance and reliability. Uniforms provided. Paid vacation. Pool and fitness center privileges. Pleasant environment. The hours are generally 8am to 3pm five days a week including most week-ends. Please apply in person.

## ANNOUNCEMENTS

**Saints' Roost Museum**  
610 East Harrington  
**Tuesday - Saturday**  
**10 a.m. to 5 p.m.**  
Open for appointments.  
Call 874-2746.

## PUBLIC NOTICE

### NOTICE OF PUBLIC HEARING

Hedley ISD Public Hearing Set for April 21, 2025 re: Donation of Quail Rural School Property  
Hedley Independent School District will hold a public hearing on Monday, April 21, 2025 at 6:30 PM in the Hedley ISD Board Conference Room located at 301 Jones Street, Hedley, Texas, for the purpose of hearing public discussion on a donation of property.  
The hearing presentation will take place during the HISD Board of Trustees Regular Board meeting. Any citizen who desires to address the Board regarding the donation of the Quail Rural School Property located in Quail, TX, should arrive prior to the start of the Regular Board meeting to sign in and complete the required Public Hearing Comment Card. Please direct any questions to Tracey Langford, HISD Superintendent at (806)856-5323.

**PUBLISHER'S NOTICE:** All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status, or national origin, or an intention, to make any such preference, limitation, or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women, and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number of the hearing impaired is 1-800-927-9275.

## SERVICES

THE CLARENDON Enterprise  
The Clarendon News & The Doctor Gregory Lopez

# 1000 Single-Sided Business Cards

for **\$65** + Tax

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CALL 874-2259

# GET IN ON THE ACTION

Keep up with all your local sports teams. Subscribe today. Call 874-2259.

## REAL ESTATE

**WHITAKER REAL ESTATE**  
FARM & RANCH PROPERTY

Lewis Whitaker, Broker  
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Fax 806.356.6517      Amarillo, Texas 79106

www.whitakerrealestate.com

BBB ACCREDITED BUSINESS REALTOR

## TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK

# TexSCAN

**TexSCAN Week of Mar. 30-April 5, 2025**

**ACREAGE**  
**Waterfront Land Sale** — April 16th Only. Off of Matagorda Bay, Texas' newest waterfront community. Featuring 1-3 acre bay access starting at \$49,900. By appointment only, 830-310-6195.

**ENERGY**  
**Backup power** — peace of mind. Get a standard warranty of 7 years, \$849 value. Call 888-925-0261, Briggs & Stratton Energy Solutions.

**Prepare for power** outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-855-704-8579 today to schedule a free quote. It's not just a generator. It's a power move.

**EVENTS**  
**Seguin** — 54th Texas Ladies State Chili Championship, Sat., April 12, 10 a.m. to 9 p.m., Max Starcke Park East, 650 River Dr. Chili, Craft and Food Vendors, Music, Silent Auction, Raffles, Family Fun! Visitseguin.com, 830-401-5000.

**WORLD'S LARGEST GUN SHOW** — April 5 & 6, Tulsa, OK Fairgrounds, Saturday 8-6, Sunday 8-4, Wanenmacher's Tulsa Arms Show. Free appraisals. Bring your guns! www.TulsaArmsShow.com.

**HOME IMPROVEMENT**  
**Jacuzzi Bath Remodel** can install a new, custom bath or shower in as little as one day. For a limited time, waiving ALL installation costs! (Additional terms apply. Subject to change and vary by dealer. Offer ends 3/30/25.) Call 1-855-965-0841.

**LEGAL ASSISTANCE**  
**IF YOU HAD KNEE OR HIP REPLACEMENT SURGERY** and suffered an infection due to use of a Bair Hugger (Blue Blanket), between 2020 and the present time, you may be entitled to compensation. Call attorney Charles H. Johnson, 800-535-5727.

**MEDICAL**  
**Portable Oxygen Concentrator** May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 866-747-9983.

**OIL & GAS RIGHTS**  
**We buy oil, gas & mineral rights.** Both non-producing and producing including Non-Participating Royalty Interest (NPRI). Provide us your desired price for an offer evaluation. Call today: 806-620-1422. Lobo Minerals, LLC, PO Box 1800, Lubbock, TX 79408-1800, LoboMineralsLLC@gmail.com.

**WATER DAMAGE**  
**WATER DAMAGE CLEANUP & RESTORATION:** A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-877-727-3027. Have zip code of service location ready when you call!

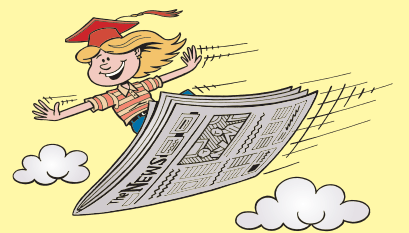
**WANTED**  
**Need Extra Cash** — I Buy RVs & Mobile Homes — Travel Trailers, 5th Wheels, Goosenecks, Bumper Pulls. In Any Area. Any Condition — Old/New, Dirty or Clean! I PAY CASH. No Title — No Problem, we can apply for one. We go anywhere in Texas. ANR Enterprises, 956-466-7001!

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NOTICE: While most advertisers are reputable, we cannot guarantee products or services advertised. We urge readers to use caution and when in doubt, contact the Texas Attorney General at 800-621-0508 or the Federal Trade Commission at 877-FTC-HELP. The FTC web site is www.ftc.gov/bizop.

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Everyone is different and that is O.K.!

**Newspaper Fun!**  
www.readingclubfun.com

Be happy working on your own goals.

Kids: color stuff in!

Animills LLC © 2025 V13



We can fill your lunchbox with fruits and vegetables that you like. Let's cut out fun shapes from your favorite cheese too.

## Nutritious and Delicious

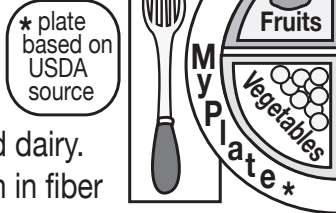
Families may grab a quick takeout meal when they are pressed for time or on the go. Takeout meals can be a tasty treat, but home-cooked meals are less expensive, and we know exactly which ingredients we're using.

When families plan menus together we can choose our favorite meals. When we shop together we can look for the freshest foods – vegetables and fruits – and everyone can choose the kinds that he likes the most. By checking labels on packages, we can learn which foods have the best ingredients.

When we cook at home we can adjust our recipes to use small amounts of healthful oils, salt or sugar. Some families are steaming or baking part of their favorite meals.

### Read the clues to fill in the crossword:

- Choose foods from each of the food \_\_\_\_\_ every day: vegetables, fruits, grains, proteins and dairy.
- \_\_\_\_\_ are low in fat, sugar and calories and high in fiber and vitamins, like vitamin A, which is good for our eyes and skin.
- Many fruits have \_\_\_\_\_ and are famous for vitamin C, which helps to repair body tissue and heal cuts.
- Low-fat milk and cheeses will give you \_\_\_\_\_ for strong bones and teeth.
- Meat, fish, beans, eggs, peanut butter and nuts have lots of protein to help build \_\_\_\_\_. Choose lean cuts of meat if possible.
- Oats, brown rice, popcorn and buckwheat are whole grains with lots of fiber and carbohydrates that give us \_\_\_\_\_.  
*I've "bean" here before.*
- "My \_\_\_\_\_" lets us see at a glance what, and how much, we are eating.



\* plate based on USDA source

**Eat lots of brightly colored fruits and veggies.**

**March into good nutrition!**

**I'm so "beat."**

**We're good sources of protein.**

**Check out whole grains!**

**fresh** 5  
**fat** 6  
**fiber** 4  
**half** 4  
**sweet** 2  
**calcium** 1  
**energy** 1  
**muscle** 1

**Try half of a frozen banana for a cool treat.**

**Moderate amounts of fat are good for your brain!**

**8. Notice that \_\_\_\_\_ of the area of MyPlate is for vegetables and fruits.**

**9. We can buy \_\_\_\_\_ vegetables, ones that were frozen right after picking or canned soon after – they are all good for us.**

**10. We can use less \_\_\_\_\_, go light on the salt shaker and add flavor to our cooking by adding herbs like basil and spices like cinnamon.**

**11. Some \_\_\_\_\_ is needed for our body and brain to function well. Choose liquid fats like olive oil rather than solid ones.**

**12. Eat \_\_\_\_\_ treats in small amounts: dark chocolate, half of a frozen banana, a yogurt or low-fat ricotta cheese parfait with nuts and fruit.**